

## Fall 2010 Textbooks – Mental Health Counseling

**COURSE:** MFT/GCN 501.RA Perspectives on Counselor Formation  
Fridays: 9:00-12:15pm

**PROFESSOR:** Dr. Michael Gillern  
Phone: 203-362-7201  
Office: 845-770-5737  
Email: [Michael.Gillern@Nyack.edu](mailto:Michael.Gillern@Nyack.edu)  
Dryosoy@sbcglobal.net

**OFFICE HOURS:** Mon. 1pm to 5:30pm, Tue. 8:30am to 1:30pm, Fri. 8am-9am &  
12:30pm-1:30pm

**TEXTS:** Required:

Larry Crabb, Shattered Dreams, ( Colorado Springs: WaterBrook Press, 2001). ISBN: 1-57856-506-5

Mike Mason, Practicing The Presence of People, ( Colorado Springs: WaterBrook Press, 1999). ISBN: 1-57856-265-1

Elizabeth Ruth Skoglund, Bright Days, Dark Nights, ( Grand Rapids: Baker Books,2000) ISBN: 0-8010-6192-X

Richard Foster, Celebration of Discipline, ( San Francisco: Harper, 1988). ISBN: 0-06-062839-1

Brennan Manning, Ruthless Trust, ( San Francisco:Harper,2000). ISBN 0-06-251709-0

Thomas A Kempis, The Imitation of Christ, (Chicago: Moody Press, 1985). ISBN: ?

Brother Lawrence, The Practice of the Presence of God, ( Springdale,Pa.: Whitaker House, 1982) ISBN: 0-88368-105-6

St. John of the Cross, The Dark Night of the Soul, ( Radford, Va.: Wilder Publications, 2008). ISBN: 13:978-1-60459-263-4

Richard Peace, Spiritual Autobiography: Discovering and Sharing Your Spiritual Story  
( Colorado Springs: Navpress,1998) ISBN: 1-57683-110-8

Translated by John Skinner, The Confession of Saint Patrick (New York: Doubleday, 1998) ISBN: 0-385-49163-8

Suggested Texts

Ellison, Craig. (1994) From Stress to Well-Being Dallas: Word/Nelson

Howard Baker, Soul Keeping: Ancient Paths of Spiritual Direction, (Colorado Springs: Navpress, 1998).

Dallas Willard, The Divine Conspiracy, ( San Francisco: Harper, 1998).

Evelyn Underhill, The Spiritual Life,( Harrisburg: Morehouse Publishing, 1955).

**COURSE: MFT 502.RA** Theories and Foundations of Counseling

**PROFESSOR:** Dr. Michael Gillern  
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**Class Meets:** Mondays: 6:00 pm to 9:15 pm

**OFFICE HOURS:** Mon. 1pm to 5:30pm, Tue. 8:30am to 1:30pm, Fri. 8am-9am & 12:30pm-1:30pm

**Required Texts:**

Ellison, C. (1994), From Stress to Well Being: Counseling to Overcome Stress, Waco, TX: Word

Corey, Gerald. (2005), Theory and Practice of Counseling and Psychotherapy., USA, Thompson Learning.

Jones, S. L. & Butman, R. E. (1991), Modern Psychotherapies: A Comprehensive Christian Approach. Downers Grove, Ill: Intervarsity Press.

**Suggested Texts:**

Sharf, R. S. (1996). Theories of Psychotherapies and Counseling: Concepts and Cases. Pacific Grove, Ca.: Brooks/Cole Publishing.

Wachtel, P. L. & Messer, S. B. (1997). *Theories of Psychotherapy: Origins and Evolution*. Washington, D.C.: American Psychological Association

**COURSE:** GCN 503.RA Research Methods & Analysis  
Thursday 2-5pm, room 160

**PROFESSOR:** Dr. Donald Skinner, Ph.D., Licensed Clinical Psychologist

Phone: Cell 845-826-5289

Office: 201 670-7490

Email: Donald.Skinner@Nyack.Edu

**OFFICE HOURS:** Monday 11-12, Wed. 11-12, Thur. 12-2, 5-6, 7:30-9:00

**TEXTS:** Required: P,P, Heppner,B.E., Wampold, &D.M Kivlighan (2008). *Research Design in Counseling* (3<sup>rd</sup>ed) Pacific Grove, CA: Brooks/Cole ISBN-13:978-0-534-52348-0.

**COURSE:** GCN/MFT 504.RA Psychopathology (Mondays 2:00-5:00pm)  
GCN/MFT 504.RB Psychopathology (Thursdays 6:00-9:00pm)

**PROFESSOR:** Deanna Kwan, Ph.D.

Phone: (845) 770-5738 (office), (917) 826-3971 (cell)

Office: Room 206 A

Email: dek161@gmail.com

**OFFICE HOURS:** Mondays & Tuesdays 5:00-7:00pm (by appointment only)  
Thursdays 12:00-6:00pm

**TEXTS:** Required: American Psychiatric Association. (2000). *Diagnostic and Statistical Manual of Mental Disorders* (4<sup>th</sup> Edition- Text Revision). Washington, DC: Author.  
ISBN: 0-89042-025-4

**RESOURCES:** McWilliams, N. (1994). *Psychoanalytic Diagnosis*. New York: Guilford Publications, Inc.  
Chapter 1 – Why Diagnose? (will be on reserve in the ATS library)

Morrison, J. (1995). *DSM-IV Made Easy – The Clinician’s Guide to Diagnosis*. New York: Guilford Publications, Inc.  
ISBN: 0-89862-568-8.

Sutker, P. B. & Adams, H.E. (2001). *Comprehensive Handbook of Psychopathology*. New York: Kluwer Academic/Plenum Publishers.  
ISBN: 0-306-46490-X

**COURSE:** **MFT/GCN 603B.RA Individual & Family Development**  
September 14 – December 21, 2010  
(Class meets Tuesdays, 2 to 5 PM)

**PROFESSOR:** Carol Diaz Robles, Ph.D.  
Phone: 845-770-5735  
Office: 350 North Highland Ave., Room 205B  
Email: [Carol.Robles@nyack.edu](mailto:Carol.Robles@nyack.edu) www.nyack.edu

**OFFICE HOURS:** Monday, Tuesday, Wednesday. 10:00 am to 1:30 pm  
Thursdays (NYC): 6:00 to 9:00 pm  
Fridays (by appointment): 10:00 am to 2:00 pm

**TEXTS:**

Austrian, Sonia (2008)  
*Developmental Theories Through the Life Cycle, 2<sup>nd</sup> Edition*  
New York, NY., Columbia University Press  
ISBN 978-0-231-13971-7

Bloland, Sue E. (2005)  
*In the Shadow of Fame (A memoir by the Daughter of Erik Erikson)*.  
New York, NY., Viking  
ISBN 0-670-03374-X

Carter, B. and McGoldrick, M. (2005).  
*The Expanded Family Life Cycle, 3<sup>rd</sup> Edition*  
New York, Pearson/Allyn and Bacon.  
ISBN 0-205-40981-4

Gardiner, H. W., and Kosmitzki, C. (2008)  
*Lives Across Cultures: Cross-cultural Human Development, 4th Edition*  
Boston, Mass: Allyn & Bacon.  
ISBN 0-205-49475-7

Santrock, John W.  
*Life-span Development, 12<sup>th</sup> Edition*

New York, NY, McGraw Hill  
ISBN 978-0-07-337021-7

The textbooks are available on amazon.com, half.com or Barnes & Noble textbook store

**COURSE: GCN/MFT 604.RA Group Dynamics & Therapy (Tuesdays 2:00-5:00pm)**

**PROFESSOR:** Deanna Kwan, Ph.D.  
Phone: (845) 770-5738 (office), (917) 826-3971 (cell)  
Office: Room 206 A  
Email: dek161@gmail.com

**OFFICE HOURS:** Mondays & Tuesdays 5:00-7:00pm (by appointment only)  
Thursdays 12:00-6:00pm

**TEXTS:** **Required:** Yalom, I. D., with Leszcz, M. (2005). *The Theory and Practice of Group Psychotherapy – 5<sup>th</sup> Edition*. New York: Basic Books.  
ISBN: 0-465-09284-5.

**RESOURCES:** **Other readings:** Will be on reserve in the library. While purchase of the following books is not required for the class, Ormont (1992), Rutan, Stone, & Shay (2007), and Spotnitz (1961) are helpful reference books to have on your shelf if you plan on being a group therapist in the future.

Connery, B.A. & Vohs, J.L. (1989). *Group work and collaborative writing*. Davis, CA: The Regents of the University of  
**ONLY VIEW: Informal Roles Within the Group (pages 8-11)**

Corey, G., & Corey, M.S. (2006). *Groups: Process and practice*. (7<sup>th</sup> ed.). Belmont, CA: Thomson Brooks/Cole.

Kirman, J.H. (1995). Working with anger in groups: A modern analytic approach. *International Journal of Group Psychotherapy* 45(5), 303-329.

[www.msue.msu.edu/msue/imp/modii/ii719202.html](http://www.msue.msu.edu/msue/imp/modii/ii719202.html)

**ONLY view Supplement B**

Ormont, L.R. (1984). The leader's role in dealing with aggression in groups. *International Journal of Group Psychotherapy* 34(4), 553-572.

Ormont, L.R. (1992). *The group therapy experience*. New York, NY: St. Martin's Press. ISBN # 0-312-07036-5

Ormont, L.R. (1996). The group as agent of change. In L.B. Furgeri (Ed.). *The technique of group treatment: The collected papers of Louis R. Ormont, Ph.D.* (pp. 37-45). Madison, CT: Psychosocial Press.  
ISBN # 1887841350

Ormont, L.R. (1996). The use of the group in resolving the subjective countertransference. In L.B. Furgeri (Ed.). *The technique of group treatment: The collected papers of Louis R. Ormont, Ph.D.* (pp. 191-205). Madison, CT: Psychosocial Press.

Rosenthal, L. (1994). Selection and screening. In *Resolving resistance in group psychotherapy* (pp. 157-179). Northvale, NJ: Jason Aronson, Inc. ISBN # 0876689144

Rosenthal, L. (2005). Selected papers of Leslie Rosenthal. In *Modern Psychoanalysis, 30(2)*. **Access this through Nyack's Electronic Resource (EBSCO)**.

Rutan, J. S., Stone, W. N., & Shay, J. J. (2007). *Psychodynamic Group Psychotherapy – Third Edition*. New York: Guilford Publications, Inc. ISBN: 1-59385-266-5.

Spotnitz, H. (1961). *The couch and the circle*. New York, NY: Lancer Books, Inc.

Spotnitz, H. (1985). *Modern Psychoanalysis of the Schizophrenic Patient: Theory of the Technique*. (2<sup>nd</sup> ed.). New York: Human Sciences Press, Inc. ISBN # 0970392362

**COURSE: GCN 610.RA/GCN 610.NA Career Development (3 Credits)**

NYC Class (held at the Rockland Campus to fulfill accreditation requirements)  
Saturdays 10:30 am – 4:15 pm (8 Sessions: 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 11/6, 11/13).

**PROFESSOR:** Mrs. Doreen Herron  
Phone: (917)327-7710  
Office:  
Email: doreen.herron@nyack.edu

**OFFICE HOURS:** Class day by appointment

**TEXTS: Required:**

Brennfleck, K. and Brennfleck, K.M. (2005). *Live Your Calling: A Practical Guide to Finding and Fulfilling Your Mission in Life*, (1<sup>st</sup> ed.). San Francisco, CA: Jossey-Bass. ISBN # 0-7879-6895-1. [www.josseybass.com](http://www.josseybass.com)

Sharf, R.S. (2006, 2010). *Applying Career Development Theory to Counseling*, (5<sup>th</sup> ed.). Belmont, CA: Brooks/Cole, Cengage Learning. ISBN # 978-0-495-80470-3. [www.ichapters.com](http://www.ichapters.com) (Please read and be ready to discuss Chapters 1-3 of the Sharf book **by the first day of class.**)

Sharf, R.S. (2006, 2010). *Student Manual for Applying Career Development Theory to Counseling*, (5<sup>th</sup> ed.). Belmont, CA: Brooks/Cole, Cengage Learning. ISBN # 978-0-495-80478-9. [www.ichapters.com](http://www.ichapters.com)

**Suggested:**

Rosenthal, H. (2008). *Encyclopedia of Counseling* (3<sup>rd</sup> ed.) New York, NY: Taylor & Francis Group. ISBN # 978-0-415-95862-2

**COURSE: GCN 701. RA Psychology and Theology**

**PROFESSOR:** Dr. Michael Gillern  
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[Dryosoy@sbcglobal.net](mailto:Dryosoy@sbcglobal.net)

**OFFICE HOURS:** Mon. 1pm to 5:30pm, Tue. 8:30am to 1:30pm, Fri. 8-9am & 1:30pm – 1:30pm

**Required Texts** McMinn, Mark R., (1996) Psychology, Theology, and Spirituality In Christian Counseling, Wheaton, Illinois: Tyndale.

Kirwan, William, (1984) Biblical Concepts for Christian Counseling Grand Rapids: Baker.

Nouwen, H. (1993). The Return of the Prodigal. New York: Image.

Lovejoy, Gary and Knopf, Gregory, (2009) Light On the Fringe Oregon: ITL Communications  
ISBN: 978-0-9842177-0-0

Lee, Harper, (1993) To Kill a Mockingbird. New York: HarperCollins.

ISBN: 0-06-017322-X

**Suggested Texts:** Aden, L., & Benner, D. G. (1989). Counseling and the Human Predicament: A Study of Sin, Guilt, and Forgiveness. Grand Rapids: Baker.

Crabb, L.J., Hudson, D., & Andrews, A. (1995) God Calls Men to Move Beyond the Silence of Adam: Becoming Men of Courage in a World of Chaos. Grand Rapids: Zondervan.

Friedman, E. H. (1885) Generation to Generation: Family Process in Church and Synagogue. New York: Guilford.

MacIntyre, A. (1984). After Virtue: A Study in Moral Theory. South Bend, IN: University of Notre Dame.

McCullough, M. E., Sandage, S. J., & Worthington, E. L., (1997). To Forgive is Human: How to Put Your Past in the Past. Downers Grove, Illinois: InterVarsity Press.

McGrath, J., & McGrath, A. E. (1992). The Dilemma of Self-Esteem: The Cross and Christian Confidence. Wheaton, Illinois: Crossway Books.

Nicholas, M. W. (1994) The Mystery of Goodness and the Positive Moral Consequences of Psychotherapy. New York: W. W. Norton.

Tournier, Paul. (1977). Guilt & Grace. New York: Iverson-Norman.

Tournier, Paul. (1977). The Person Reborn. New York: Iverson-Norman.

Tournier, Paul. (1977). The Broken Person in a Broken World. New York: Iverson-Norman.

Van Kaam, A. L. (1995). Transcendence Therapy, Formative Spirituality.V.7. New York: Crossroad.

Worthington, E. L. (Ed.) (1993). Psychotherapy and Religious Values. Grand Rapids: Baker.

**COURSE: GCN 721.RA Crisis Counseling**  
Monday 6pm-9pm

**PROFESSOR:** Nkechi Green - LMSW  
Phone: 845- 709-4832  
Office: N/A

Email: [Greenfamm@verizon.net](mailto:Greenfamm@verizon.net)

**TEXTS:** Required: James, Richard & Gilliland, Burl (2005) **Crisis intervention Strategies**

Belmont, CA. Wadsworth Publishing Company. ISBN 0-534-56966-8

H. Norman Wright (2003) **The new Guide to Crisis and Trauma Counseling: What to do when it matters most.** Ventura, CA: Gospel Light Publications

**TEXTS:** Suggested: Ungar (2011) **Counseling in Challenging Contexts,** 1st Edition  
Publisher: Wadsworth, Cengage Learning **ISBN-10** 0-8400-3184-X **eText ISBN-10** 1-111-26354-X **ISBN-13** 978-1-111-26354-6

Joshua M. Gold (2010) **Counseling and Spirituality: Integrating Spiritual and Clinical Orientations** Publisher: Merrill **ISBN-10** 0-13-239313-1 **ISBN-13** 978-0-13-239313-3 **eText ISBN-10** 0-13-500286-9 **ISBN-13** 978-0-13-500286-5